

PAWS TO THE PAVEMENT REGISTRATION FORM

BES PAWS to the PAVEMENT 5th ANNIVERSARY

- 5K RUN/WALK •
- CHILDREN'S FUN RUN •
- PRESCHOOL DASH •

Saturday, June 11, 2016

Blairstown Elementary School
1 Sunset Hill Road, Blairstown, NJ

- RACE DAY REGISTRATION
Begins at 7:30 am
- PRESCHOOL DASH: 8:45 am
- CHILDREN'S 1 MILE FUN RUN: 9:00 am
- 5K RUN/WALK: 9:30 am

EARLY BIRD REGISTRATION

(postmarked by 5/24/16)
 Preschool Dash..... FREE
 (does NOT include shirt)
 Children's Fun Run..... \$10
 5K Run/Walk..... \$20



REGISTRATION

(if postmarked AFTER 5/24/16)
 Preschool Dash..... FREE
 Children's Fun Run..... \$15
 5K Run/Walk..... \$25

RACE PACKET PICKUP

BES Gym Lobby
 June 10th, 2016
 3:30 – 5:00 pm



Like us on Facebook:
[facebook.com/BESpaws5K](https://www.facebook.com/BESpaws5K)

Questions?

Contact Lisa Benzaia at
lbenzaia@msn.com

Join us for the 5th anniversary Paws to the Pavement Run/Walk. Truly a fitness experience for the entire family!

Adults and children may run or walk the 5K course. Children younger than 5 years old must be accompanied by an adult on the 5K course. Please no dogs, bikes or roller blades for safety reasons.

Awards: All children running in both the Preschool Dash and the Fun Run will receive a medal. 5K awards will be given to overall male/female finishers and top three male/female finishers in the following categories: 10 and under, 11-14, 15-19, 20-29, 30-39, 40-49 and 50 and over.

Online registration also available on active.com (search Paws to the Pavement) or by scanning the code to the right with your mobile device.



Please fill out one form for EACH participant.
 Race held rain or shine. No refunds will be given.

Last Name: _____ First Name: _____

Street Address: _____

City: _____ State: _____ Zip: _____

Email: _____ Phone: _____

Age on 6/11/2016: _____ Male Female

Check one race only:

5K Run/Walk Children's Fun Run Preschool Dash

Shirt size:

Youth: S M L

Adult: S M L XL

In consideration of this entry being accepted, I hereby for myself, executors and administrators waive and release claim I may have against the BES PTG, Blairstown Elementary School, Blairstown and Hardwick Townships, their officers and representatives, for injuries that may be suffered by me in this event. I confirm here that I am physically fit and qualified to participate in this race and am at least 18 years of age or have had this signed by my guardian if I have not yet reached the age of 18.

_____ Date _____

Athlete's Signature (or that of Guardian if not yet 18)

Please make checks payable to: BES PTG

Mail to:

Paws to the Pavement 5K
 Blairstown Elementary School PTG
 PO Box E
 Blairstown, NJ 07825

All proceeds benefit the Blairstown Elementary School Parent Teacher Group

Not sure a 5K race is for you? ANYONE can run/walk a 5K!
 Please see the reverse side for an easy to follow training plan!